

**MWVSC**  
**March 30, 2016**  
**Technical Director Bulletin No. 1**

This is the first of what I hope to be a regular communication for our club coaches, parents, players and members. First I want to thank the Club for asking me back after a “sabbatical”, to the role of Technical Director. I look forward to working with everyone again and helping to support and forward our great soccer community.

*So let's get to it!*

Our coaches are aware of the new mandated US Soccer youth development curriculum and approach. US Soccer along with the NSCAA, have helped to define and reaffirm age appropriate training requirements for our players. Field size, small sided games, goal sizes have also been published along with expectations for players depending on their age. The four pillars of the sport: technical, tactical, physical, and psychological have each been broken down to help coaches focus and provide a consistent training environment for our soccer community. As a club, we will continue to implement this philosophy to help our coaches and players.

Our spring travel season training is well underway with our first games anticipated for mid-April. A few friendly reminders for our coaches as you develop your training sessions and game preparation.

1. Write down your training sessions. As I visit the teams, I would like to review those with you, so be prepared. If they are great, we'll put them in our library for future club use.
2. Be on time. Be prepared by the time the players arrive. Respect the training time slot and start and end on time.
3. Communicate clearly and often with Parents and players.
4. Make sure kids are prepared for training with water, shin guards, sunscreen, insect repellent, and appropriate attire.
5. Provide a fun, safe, and enjoyable environment for our kids.
6. Come to training with a positive open mindset. Provide appropriate praise for players.
7. Bring the best version of yourself to training. Enthusiastic, fun, firm, good role model.
8. Be creative and challenging in your training session development. We have a lot of good resources and feel free to send along your ideas if you want some feedback, help.
9. Always be a student of the game. Ask questions.
10. Bring your first aid kit, and medical forms to all training and games.
11. Leave the field or indoor space cleaner than when you arrived. We have a very generous community offering of space and we want to show respect.

All our players need to become technically great with the ball, so encourage lots of ball work in and out of training. We must improve our footskills!

The great late, Johan Cruyff said soccer is a simple game but it is difficult to play simple.  
*Are you up for the challenge? Enjoy discovering the variety of solutions!*